American Veda: How Indian Spirituality Changed the West
Lecture by Philip Goldberg

From Thoreau’s *Walden* and the
*Autobiography of a Yogi* to The Beatles and today’s flourishing yoga scene, Philip Goldberg will illuminate how India’s Vedic heritage has transformed American minds and bodies.

**Monday, February 25, 2013**
Anatol Center, AS-110

5:00PM—7:00PM

Book signing after lecture.

For more information, please contact Professor Tim Keirn: tim.keirn@csulb.edu

Philip Goldberg has been studying India’s spiritual traditions for more than forty years, as both a practitioner and an author. He is the author or coauthor of nineteen books, including his recent *American Veda: From Emerson and the Beatles to Yoga and Meditation, How Indian Spirituality Changed the West*, which was named one of the top ten religion books of the year by both *Huffington Post* and American Library Association’s *Booklist*. Philip blogs regularly for the *Huffington Post*, and lectures and conducts workshops for the Yoga Studies Program at Loyola Marymount University.