



PRO file

Psychology Resource Office Newsletter

Volume 2 Issue 1

November 2014

Fall Luncheon — Wednesday, December 3

The end-of-semester luncheon will be held in PSY 206 from 12:30 to 2:00 PM.

This semester's theme is the zoo!

Please bring a stuffed zoo animal to donate to the Miller Children's Hospital.

So that there will be enough food, please email (Marilyn.deegan@csulb.edu) or leave a phone message (562-985-1395) by Monday, December 1 if you plan to be there.



Dr. Whitney's Department News

In Memoriam

The new school year began on a difficult note as word of Dr. Robert Thayer's passing dominated the early part of the semester. Dr. Thayer was a dedicated and productive faculty member throughout his 51 years at CSULB. He is remembered professionally for his commitment to students as well as his extraordinary contributions to our understanding of moods. His notable scientific work was also shared with the lay audience in books such as the 2003 *Calm Energy: How People Regulate Mood with Food and Exercise*. Personally, he is remembered for his easy smile and infectious laugh. The Department celebrated Dr. Thayer's life with a memorial held during the Fall semester, and a plaque with his name will be added to the grove in the Psychology building courtyard.

New Additions

Dr. Araceli (Shelly) Gonzalez joined the Department in Fall to strengthen the Clinical faculty. A graduate of the joint doctoral program in Clinical Psychology at San Diego State University / University of California San Diego, Dr. Gonzalez held a postdoctoral fellowship at the UCLA Semel Institute for Neuroscience and Human Behavior before joining us at CSULB. Her research interests focus on how parenting behaviors and parent psychopathology shape the development, maintenance and treatment of anxiety and depression in children. She is currently teaching Abnormal Psychology and Psychology of Addiction.

The Department is currently searching for two new tenure-track faculty for the next academic year: a Clinical psychologist and an Industrial-Organizational psychologist.

CSULB Welcomes a New President

The campus is abuzz with the presence of our new President, Dr. Jane Close Conoley. Prior to coming to CSULB, President Conoley served as the Dean of the Gevirtz Graduate School of Education at UC Santa Barbara, and interim Chancellor of UC Riverside. Dr. Conoley has been warmly received by the campus community, and we look forward to her contributions to the university. Her husband, Collie Conoley, is an expert in Positive Psychology at the Department of Counseling, Clinical and School Psychology at UC Santa Barbara. He has been invited to deliver the keynote address for the 2015 Psych Day event in Spring.

Goodbye Fall 2014, Hello Spring 2015!

Where does the time go? Our fall semester is here one day and gone another! We are having an excellent semester with our amazing group of PRO Guides. The office is in great shape and being enthusiastically updated. We finished our 301 workshops, and our Student Activities project group has been putting on workshops for new majors.

The biggest news is that PALS (PRO Academic Life Solutions), our new mentoring program, is off and running! PALS is a personalized PSY 301 course for each student! With their own PRO Guide, a student will explore their future (careers or grad schools) and set realistic goals for life after CSULB. Their PALS experience will be tailored to their very own individual needs and interests and will offer personalized advice every step of the way. Every psychology student deserves a great pal! We have taken in our first cohort of PALS after two information sessions and have our first PALS event coming up soon with an exciting guest speaker.

With November ending soon, we wish everyone a very Happy Thanksgiving and Happy Holidays coming up in December. It is always sad to see the returning PRO Guides retire at the end of the semester, but we will have a great group of new PRO Guides that will be starting in January. We hope that everyone who can will join us for our PRO Potluck on Wednesday, Dec. 3rd from 12:30-2 in PSY 206. Thank you, all!

Best Wishes for a happy remainder of the semester,
Amy and Lisa

BUILD

CSULB was recently awarded its largest grant ever – the \$22.7 million Building Infrastructure Leading to Diversity (BUILD) initiative from the National Institutes of Health (NIH). BUILD is an institutional collaborative agreement with faculty contributions from Psychology, the College of Natural Sciences and Mathematics, College of Health and Human Services, and College of Engineering contributing to its goals. The initiative is intended to promote mentoring and research training of underrepresented students in behavioral and biomedical fields in hopes of promoting doctoral pursuit. Psychology faculty Drs. Guido Urizar, Arturo Zavala, Chi-Ah Chun, Kim Vu, and Young-Hee Cho are actively involved in the BUILD initiative.

Fall 2014 PRO Guides

Back Row: David Beasley, Edward Barraza, Dallen Meyers, Justin Samortin, Dee Miller

Middle Row: Taylor Alderson, Stephanie Pinto, Melanie Estrada, Paige Henley, Erica Frees, Gabby Fami-lietti



Front Row: Anthony McGraw, Stephanie Perez, Nicole Martinez, Jenny Diaz, Sunny Fu, Adriana Alaniz

Returning PRO Guides

Taylor Alderson's goal is a Masters Degree in Social Work. As a Pro Guide, he aids his fellow travelers to navigate through the fascinating discipline of Psychology so that they may one day reach their goals, dreams, and range of potentiality in this field. He enjoys painting landscapes in oils mostly from still photographs. He says he finds the connection to the natural world extremely invigorating.

Edward Barraza's academic interests revolve around human factors/ergonomics psychology. He hopes to further pursue this interest in the Human Factors graduate program offered here at CSULB. His favorite part of the PRO guide experience has been meeting the other PRO guides, who are all bright and motivated, and who foster a culture of encouragement inside the office.

Davis Beasley's favorite part of PRO is the Graduate Resource Room, which has an abundance of resources for graduate school. Another great part about PRO is getting to know the other extremely motivated guides. His academic interest is counseling, primarily working with children. He loves sports and goes to as many LA King's games as he can each season.

Jennifer Montepaque Diaz loves music; her favorite band is Bon Jovi. She is the youngest from the PRO cohort and has appreciated learning from the other guides' experiences how to make her senior year go a lot smoother. She is trying to obtain as much research experience as she can while at CSULB to prepare her for a Ph. D. in clinical psychology, focusing on substance abuse.

Melanie Estrada's goal is to earn an M.S. in Counseling with a focus in Higher Education. She enjoys hiking and exploring new places. As a PRO guide she has appreciated interacting with faculty, various organizations on campus, and students who have similar interests.

Sunny Fu is interested in both Psychology and Forensics and plans to attain either a Master's Degree in Forensic Psychology or in Crime Scene Investigation. She's enjoyed having access to an abundance of resources and an amazing cohort of advisers who offer a variety of adeptness. She played for a soccer team in England, (The University of Leicester Women's Football Club), during a short period of time in the past.

Anthony L Mc Graw's interest is in the field of cognitive psychology with an emphasis in drug and alcohol addiction. He'd like to become a professor in the field as well as open his own non-profit rehabilitation facility.

Dee Miller hopes to earn a Ph.D. for Clinical Psychology to work in a hospital or to open her own practice. She enjoys reading all kinds of books and spending time out doors, especially going to the beach. She has valued the opportunities available for PRO guides to expand their knowledge about different graduate programs, networking, and creating memories.

Dallen Myers hopes to attend a doctoral program in clinical psychology with an emphasis in health psychology. His goal is to become licensed and open his own practice working with children. His favorite part about PRO is helping relieve students of the confusion when it comes to figuring out their future goals in psychology. He races semi-pro motocross on weekends.

Stephanie Pinto's career goal is to go to graduate school and obtain a degree in Marriage and Family Therapy, specifically working with teenagers. Besides helping students, being a PRO guide has allowed her to get to know the Psychology Department faculty, building better relationships with the professors. She has a healthy obsession with Frida Kahlo, an inspiring woman!

Six PRO Guides Retiring

Erica Frees has known since high school that she wants to work with children and have a positive impact on their lives. She is considering both teaching and child psychology. Erica believes the psychology major will bring her one step closer to her goal by teaching her how to connect with and understand children in order to build trust.

Jessica Jamrozik's career goal is to go to law school to be a lawyer. She has enjoyed being part of PRO, making new friends, being a part of making a difference, helping others make use of resources on campus. In her spare time she loves going shooting and off-roading in the desert.

Justin Samortin would like to become a psychology professor at a university or community college, which will require a doctorate in psychology. The knowledge and experience gained at CSULB and future universities will help him to be an effective teacher, helping students find the same passion for the field as he has.

Adriana Alaniz wishes to become a Forensic Psychologist. Her studies in the psychology department are teaching her cognitive, behavioral, biological, social and socio-cultural dimensions of humans and animals which will be the basis of diagnosis and treatment of her future patients. She is dedicated to helping student through the PRO office, encouraging and offering resources to further their education.

Nicole Martinez desires to become a speech pathologist. Although this area of study may be more related to communicative disorders, the psychology major highlights the behavioral and mental characteristics of an individual, allowing her to seek special strategies to help clients who may have speech impairments. She is double majoring in human development and is part of the University Honors Program on campus.

Paige Henley is pursuing a career in Student Affairs, intending to become an academic advisor, but exploring other options within the field as well. Her favorite part of PRO has been the ability to mentor students and help them figure out their future goals.





Where In the World Is Everybody?



Fall 1997

Insop Song works as a Practice Director for an IT Consulting firm.

Spring 1999

Hagop Badolian is working at Allergan in clinical operations, specifically in study management. He coaches soccer for his son's U14 AYSO team. Allen is now 15, a Sophomore in high school. Christopher is 13 and in 8th grade. They are both doing very well in school and playing soccer.

Spring 2001

Vhenus Camero Belisle continues to work as a Licensed Educational Psychologist. She also continues to facilitate the School Psych Fieldwork Program in the Los Alamitos USD. Vhenus is currently Alia Rozsa's fieldwork supervisor, who also graduated from the CSULB psych program and is a past Peer Advisor.

Cheryl Naluai is still with the West Hollywood Community Housing Corporation (7 years), a nonprofit affordable housing developer that builds housing and provides services for low income persons including seniors and disabled persons. She's been promoted to Resident Services Coordinator for the low income families, including formerly homeless and at risk of homeless families.

She also volunteers with United Friends of the Children's college readiness program for foster youth in the south central LA area and The Children's Institute Inc., working with a parenting program for disadvantaged families. In addition she is very involved with the Hawai'i's Daughters Guild of California providing cultural education as well as scholarship fundraising and college prep workshops.

Spring 2002

Alexis Dzikowski Gaspar is married with a 1 year old son and 3 year old daughter. She is working in real estate doing sales and property management. It's a lot different than her old school psych job in LBUSD, but it allows me to be home with my kids!

Fall 2002

Brian Main took the Chief Psychologist position at Richard J Donovan correctional facility in San Diego back in June 2014. He has been employed with the Department of Corrections since 2009 and couldn't be happier with his new role.

Fall 2004

Andrea Steockliene is currently enjoying teaching 4th grade in the High Desert. Earlier this year, she and her husband toured through Ireland on their dream vacation.

Spring 2005

Lady Ivory Chua Boyd's husband has been transferred to Boise, closer to his family. Though she hated to leave a beloved job, Lady Ivory has found work as an academic advisor for the College of Health Sciences at Boise State University

Kimberly Cronin Bell was offered and accepted a full time position at Norco College as the Disability Resource Counselor and Learning Disability Specialist. She started in August and is enjoying the lack of a freeway commute and the proximity to her children's school.

Spring 2006

Alyssa Mayfield Hom is still working as a Behavior Analyst with Behavioral Education for Children with Autism (BECA) in the LA/OC area. She is loving being a mom to her little boy, Miles, who just turned 1 in October.

Fall 2009

Corey Morgan works for Tandem Diabetes Care, in San Diego, as a UX Researcher. He and his wife are expecting their first child in December and are pretty excited about that!

Fall 2010

Christina Amiot will be graduating in Spring 2015 with an MSW from CSUDH! She has started her own business helping older adults learn technology. She is currently looking into continuing her education by obtaining another Master's degree.

Leilani Nisperos graduated with an MS in Counseling, option in School Counseling, from CSULB in addition to a Community College Certificate. Over the summer she worked at Irvine Valley College as a "Project Specialist" in charge of coordinating and implementing a new "Summer Bridge" transition program. She assisted with promotion, recruitment and organization of field trips. She now works as College Success Advisor for the non-profit organization, Project GRAD Los Angeles, assisting students in getting information for college and teaching them personal/social skills as tools to persevere when encountering challenges and obstacles in the future.

Fall 2011

Nicole Herschler completed the M.S. in Counseling- Marriage and Family Therapy program at CSULB in August, 2014. She is currently an MFT intern providing school-based mental health services to children and adolescents.

Allison Vrieze is in the middle of her second year in the clinical psychology PsyD program at Azusa Pacific University. Her first practicum is as a student counselor at an elementary school. She also works at Valenta Eating Disorder clinic as a research assistant collecting data and creating a research database with all the assessments they have administered to their clients.

Geanne Weaver will finish her masters in educational counseling and PPS credential this December. She is currently a Center Manager at Lindamood Bell Learning Processes in Manhattan Beach and is planning her wedding for this June!

Spring 2012

Katherine Cuellar is in her second year of the M.S. Clinical Psychology program at CSU Fullerton. She is currently doing her practicum hours in Long Beach with adult clients at an outpatient clinic. She also still works as a behavior therapist for children with autism.

Fall 2013

Alyssa Gutierrez is more than half way through her first semester of the MSW program here at CSULB. Her favorite part of the program is the 16 hour per week internship at a high school in Compton as a school social worker. She has about seven clients for individual therapy on a weekly basis, and then facilitates two groups per week.

You, too, could star in our newsletter!

Email information to marilyn.deegan@csulb.edu to let all your friends know what you're up to!

Keep in touch with former classmates and with us! Send your updated information about family, jobs, addresses and especially emails to Marilyn at marilyn.deegan@csulb.edu for inclusion in the next newsletter.

We appreciate all of you!

And don't forget the potluck on

Wed., Dec. 3, 12:30 to 2 in Psy 206.

Bring a stuffed animal for the Miller Children's Hospital and eat free!



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